



## *Quotations On the Upbringing of Children*

“The best inheritance you can leave your sons, the richest dowry you can prepare for your daughters, is a truly Christian upbringing.”

– Bishop Irenaeus, from *On the Upbringing of Children*

“In educating, it is extremely dangerous to only develop the understanding and intellect, and not pay attention to the heart . . . for the heart is life.”

– St. John of Kronstadt, from *My Life in Christ*

“The most important thing is to try to create a moral environment, a realm of love, that will act like morning rain on small plants.”

– Fr. Artemy Vladimirov

“But what does [the] child see in you? How do you live and what do you radiate? Does Christ radiate in you? That is what is transmitted to [the] child. This is where the secret lies.”

– St. Porphyrios of Athens

“One must so dispose the mind of pupils that they do not lose the conviction that our chief work is the pleasing of God, and that learning is a secondary quality, something incidental which is good only during the present life.”

– St. Theophan the Recluse

“One must at all times keep the education of the child under the most abundant influence of the Holy Church, which by the whole order of life acts in a saving way upon the formation of the spirit.”

– St. Theophan the Recluse

“Children are souls to be nurtured, not products to be measured.”

## *Suggested Reading List*

### **PARENTING**

Cline, Foster, and Jim Fay. *Parenting with Love and Logic: Teaching Children Responsibility*. Colorado Springs, CO: NavPress, 2020.

\_\_\_\_\_. *Parenting Teens with Love and Logic: Preparing Adolescents for Responsible Adulthood*. Colorado Springs, CO: NavPress, 2020.

Dobson, Dr. James. *Bringing Up Boys*. Carol Stream, IL: Tyndale House Publishers, Inc., 2001.

\_\_\_\_\_. *Bringing Up Girls*. Carol Stream, IL: Tyndale House Publishers, Inc., 2010.

\_\_\_\_\_. *The New Dare to Discipline*. Tyndale Momentum, 2018.  
Reissue of 2<sup>nd</sup> edition, 1992.

\_\_\_\_\_. *The New Strong-Willed Child*. Tyndale Momentum, 2017. Reissue of 2<sup>nd</sup> edition, 2004.

Ezzo, Gary, M.A., and Robert Buckman, M.D. *On Becoming Babywise*. Sisters, OR: Parent-Wise Solutions, Inc, 2001. (From the *On Becoming* 11 book series.)

Shafer, Sonya. *Laying Down the Rails: A Charlotte Mason Habits Handbook*. Grayson, Georgia: Simply Charlotte Mason, LLC, 2007.

### **MARRIAGE & FAMILY LIFE**

Bakoyannis, Archimandrite Vassilios. *Marriage: A Spiritual Arena*. Athens, Greece: Orthodox Book Centre, 2005.

Chrysostom, St. John. *On Marriage and Family Life*. Crestwood, NY: St. Vladimir's Seminary Press, 1986.

Ford, David C. *Women and Men in the Early Church: The Vision of St. John Chrysostom*. South Canaan, Pennsylvania: St. Tikhon's Monastery Press, 2017.

Ford, David C., and Mary Ford. *Marriage as a Path to Holiness: Lives of Married Saints*. South Canaan, Pennsylvania: St. Tikhon's Monastery Press, 2013.

Hardenbrook, Weldon, and Terry Somerville. *Missing from Action: A Powerful Historical Response to the Crisis among American Men*. Ben Lomond, CA: Conciliar Press, 1996.

Hieromonk Gregorios. *The Mystery of Marriage: A Fellowship of Love*. Columbia, MO: Newrome Press, LLC, 2013.

Mack, *Preserve Them, O Lord: A guide for Developing Marital Unity for Orthodox Couples*. Ben Lomond, CA: Conciliar Press, 1996.

## **ORTHODOX CHRISTIAN EDUCATION & FORMATION**

Bishop Irenaius. *On the Upbringing of Children*. Wildwood, CA: St. Xenia Skete, 1991.

Bjeletich, Elissa, and Caleb Shoemaker. *Blueprints for the Little Church: Creating an Orthodox Home*. Chesterton, IN: Ancient Faith Publishing, 2016.

Boojamra, John L. *Foundations for Christian Education*. Crestwood, NY: St. Vladimir's Seminary Press, 1989.

Coniaris, Anthony M. *Making God Real in the Orthodox Christian Home*. Minneapolis, MN: Light & Life Publishing Company, 1977. Revised and expanded version, 2004.

Eliades, Marie, Ed. and et al. *Orthodox Christian Parenting: Cultivating God's Creation*. Dunlap, CA: Zoë Press, 2012.

Koulomzin, Sophie. *Our Church and Our Children*. Crestwood, NY: St. Vladimir's Seminary Press, 2004.

Mamalakis, Philip, PhD. *Parenting Toward the Kingdom: Orthodox Christian Principles of Child-Rearing*. Chesterton, IN: Ancient Faith Publishing, 2016.

Myerly, Rebecca. *Growing Faithful Families*. Minneapolis, MN: Light & Life Publishing Company, 2006.

Sister Magdalen. *Children in the Church Today*. Crestwood, NY: St. Vladimir's Seminary Press, 1991.

Sister Magdalen. *Conversations with Children: Communicating Our Faith*. Essex, UK: Stavropegic Monastery of St. John the Baptist, 2001.

Theophan the Recluse. *Raising Them Right: A Saint's Advice on Raising Children*. Ben Lomond, CA: Conciliar Press, 1989.

Vlachos, Metropolitan of Nafpaktos Hierotheos. *A Visual Catechism of the Orthodox Church*. Levadia-Hellas, Greece: Birth of the Theotokos Monastery, 2000.

Vladimirov, Fr. Artemy. *The Path to Confession*. Ash Grove, MO: Unexpected Joy Press, 2000.

White, Elizabeth. *Following a Sacred Path: Raising Godly Children*. Chesterton, IN: Ancient Faith Publishing, 2013.

\_\_\_\_\_. *Walking in Wonder: Nurturing Orthodox Christian Virtues in Your Children*. Ben Lomond, CA: Conciliar Press, 2004.